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## Eliot M. Lev

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## SUMMARY

After a successful career as a professional violinist, I've been working in advocacy, social services, and mental health. I bring a strong work ethic, an apt mind, and a passion for social justice, critical thinking, and compassion to my initiatives and collaborations. I am especially interested in working with sexual and gender diverse, multicultural/ethnic minority, immigrant/asylum, and people with (dis)abilities; as a member of these communities myself, I am deeply invested in using my lived experience to empower others and drive social change.

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## SKILLS AND ABILITIES

Highly motivated self-starter and team player

Excellent interpersonal, organizational, and leadership skills

Commitment to racial, social, and economic justice, critical thinking, and advocacy

Experience addressing homelessness, violence, trauma, and systemic oppression

Experience providing services to underserved people with dual diagnoses

Multilingual (English, Russian, some Spanish)

Excellent written and oral communication

Crisis intervention, de-escalation, harm reduction, and mediation experience

Proficiency at Microsoft Suite

## EXPERIENCE

### Progress House | Progress Foundation

#### Counselor | 06/2020-present

Provide 1:1 and group client-centered counseling in a 90-day residential mental health program

Facilitate weekly DBT-, ACT-, and mindfulness-based skills groups

Create and coordinate daily activities

Create individualized treatment plans and provide crisis intervention

Coordinate housing, treatment, and community services

Supervise relief counselors

Create and lead training workshops for staff

Develop and maintain relationships with multiple agencies, treatment programs, and providers

### San Francisco Community Health Center

#### Counselor and Case Manager | 03/2020-07/2020

Provide counseling and case management to HIV+ sexual and gender minority and undocumented people with dual diagnoses experiencing homelessness

Develop social and community networking materials

Develop and implement outreach strategies

Work in a multidisciplinary, multicultural team in a fast-paced environment

Link to services and advocate for clients with other service providers

Work within a harm reduction, anti-racist, economic justice, equity lens

### Alliance Health Project, UCSF

#### Support Group Facilitator | 06/2019-present

Facilitate weekly 2-hour peer support groups for long-term HIV survivors of diverse backgrounds

Lead productive discussions and provide conflict resolution

Implement harm reduction and create safety for all members

Connect participants with community resources

Provide informal training on gender diversity to other facilitators

Reflect on the progress of the group in weekly 1:1 and monthly group supervision

### UCSF Community Health Systems, Sexual and Gender

#### Minority Health Equity Lab

#### Research Assistant | 02/2019-present

Work in a highly productive multidisciplinary team

Conceptualize and carry out ancillary studies for the PCORI- and NIH-funded PRIDE study (UCSF-Stanford)

Research background literature

Collect, analyze and evaluate data

Manage data analysis

Evaluate annual PRIDE Study questionnaire

Write scientific papers

Present findings at regional and national conferences

Advocate for the improvement of LGBTQ+ care and policies

## **National LGBT Help Center, SF** **Peer Counselor | 12/2018-present**

Provide trauma informed, social justice focused 1:1 support to diverse LGBTQ+ people around the world  
Provide crisis and suicide intervention  
Empower LGBTQ+ youth (14-24) during identity exploration, coming out, bullying/harassment, familial and employment rejection  
Discuss safe sex and HIV prevention

## **Benioff Children's Hospital, SF** **School Room Volunteer | 12/2018-07/2019**

Work with patients 1:1 bedside  
Assist patients and siblings with educational activities  
Support student-centered learning in various settings  
Provide educationally themed play for school-aged patients and siblings  
Embody and promote compassion and cultural humility

## **EDUCATION**

### **UC Berkeley Extension | Post Baccalaureate in Psychology and Counseling | 2018-19**

Upper division courses in Developmental, Clinical and Psychology of Personality, Research Methods, and Statistics.  
GPA 4.0

### **Roosevelt University | Bachelor of Music | 2006-08**

Member of the Franklin Honors Society  
Summa cum laude, GPA 3.82  
Recipient of a full merit-based scholarship

## **SELECTED PUBLICATIONS AND PRESENTATIONS**

**Lev, E.M.**, Flentje, A. Teaching the DSM-5: Countering discriminatory language with sexual and gender minority-inclusive pedagogy. Presentation at American Psychological Association 2020

Vivid, J, **Lev, E.M.**, Sprott, R.A. The four dimensions of kink identity (Journal of Positive Sexuality, 2020)

**Lev, E.M.**, Vivid, J., Sprott, R.A. Kink and sex through the lens of queer theory: Findings from the Kink Identity and Sexuality Study. Winner of the Student Research Award at the Positive Sexuality Conference 2020, Los Angeles, CA.

Clark, K.D., **Lev, E.M.**, Lunn, M., Trujillo, M., Obedin-Maliver, J., Flentje, A. State level policies and their association with victimization among sexual and gender minority people (LGBT Health, 2020; presented at American Public Health Association 2020)

Sprott, R. A., Vivid, J., Vilkin, E., Swallow, L., **Lev, E.M.**, Orejundos, J., A Queer boundary: How sex and BDSM interact for people who identify as kinky (Sexualities Journal, 2020)