**EDUCATION**

Columbia University School of Social Work, NYC, NY, 2021-23

**Master of Social Work**, Advanced Clinical Track with Mental Health and Varied Abilities concentration. Merit scholar. GPA 4.0.

**CLINICAL EXPERIENCE**

Social Work/Mental Health Trainee, UCSF Alliance Health Project, SF CA 08/2022-07/2023

* Provided trauma-informed, culturally humble behavioral health services including weekly individual and group therapy to 10 clients, treatment plans of care, assessments, and crisis management to diverse LGBTQ+ and HIV+ adults receiving Medi-Cal
* Co-facilitated weekly Gender Support Group, a psycho-educational/process group for transgender and gender-diverse people ages 20-70
* Practiced within anti-oppressive, relational, CBT, DBT, ACT, and harm-reduction frameworks
* Collaborated with a multi-disciplinary team, presented in weekly didactic trainings, group supervision, monthly Cultural Humility, Gender Care, and Motivational Interviewing agency-wide conferences, and participated in other professional development

Social Work Intern, UCSF Women’s HIV Clinic, SF CA 09/2021-06/2022

* Provided trauma-informed, anti-oppressive, harm reduction-based services including weekly therapy, care coordination, and advocacy to 15-20 diverse women living with HIV, ages 25-75
* Co-facilitated a 10-week MBSR group, led weekly mindfulness exercises in All-Staff meetings
* Worked closely with psychiatrists and other providers, presented in team meetings, participated in weekly didactics and supervision

Host Homes “Case” Manager, SF LGBT Center, SF CA 01/2021-07/2021

* Provided culturally humble mental health and care (“case”) management support to diverse LGBTQ+ age 18-24 clients experiencing homelessness
* Created and facilitated monthly skill-building and emotional support workshops for clients
* Supported program expansion through outreach, communicating with various stakeholders, and conducting youth and hosts’ assessments
* Consistently delivered crisis assistance, conflict resolution, and stabilization services

Mental Health Counselor, Progress Foundation, SF CA 07/2020-10/2020

* Facilitated daily psychoeducational, process, art/music therapy, and skills-based/DBT groups for people with Serious Mental Illness (SMI) in a 90-day residential mental health program
* Provided milieu counseling, skills training, and emotion regulation activities to 10 residents
* Conducted clinical intakes within 24 hours of new residents’ arrival, created Treatment Plans of Care (TPOC), and completed progress notes in Avatar in a timely manner (same day)
* Created and provided DEI clinical trainings for 8 staff

Counselor/Care Manager, SF Community Health Center, SF CA 03/2020-07/2020

* Provided daily to weekly counseling and care (“case”) management to 20-25 HIV+ sexual and gender diverse and undocumented people using substances and experiencing homelessness
* Outreached unhoused participants in Tenderloin in tandem with medical providers
* Facilitated agency’s first online LGBTQ+ youth support group at the onset of the pandemic

**RECENT AWARDS, PRESENTATIONS & PUBLICATIONS**

* **Lev, E.** (2022, 2023). Social Work Approaches to Mental Health. *Presentation and workshop for MFT trainees*. San Francisco; California Institute of Integral Studies, SF CA
* Edwards, W., **Lev, E.,** Obedin-Maliver, J., Lunn, M., Lubensky, M., Capriotti, M., Garrett-Walker, J., & Flentje, A. (2023) Our pride, our joy: An intersectional constructivist grounded theory analysis of resources that promote resilience in SGM communities. *PLOS ONE* https://doi.org/10.1371/journal.pone.0280787
* Clark, K., Lunn, M., **Lev, E.,** Trujillo, M., Lubensky, M., Capriotti, M., Hoffmann, T., Obedin-Maliver, J., & Flentje, A. (2022). State-Level Policy Environments, Discrimination, and Victimization among Sexual and Gender Minority People. *International journal of environmental research and public health*, *19*(16), 9916. https://doi.org/10.3390/ijerph19169916
* **Lev, E.,** Edwards, W., Cohen, J., & Flentje, A. (2022) Counteracting Stigmatizing Diagnoses in the DSM-5 (2022). *Social Work Today, 22*(2):<https://www.socialworktoday.com/archive/Spring22p30.shtml>
* Vivid, J., **Lev, E.,** Sprott, R. (2020). The Structure of Kink Identity: Four Key Themes Within a World of Complexity. *Journal of Positive Sexuality. 6*. 75-85. 10.51681/1.623.
* **Lev, E.,** Vivid, J. (2020, February 21-23). *Seven Dimensions of Kink: Data from the Kink Identity and Sexuality Study (KISS) Project* [PowerPoint slides]. Positive Sexuality Conference, Burbank, CA (Winner of the Student Research Award)

**SKILLS AND CERTIFICATIONS**

*Clinical:* Psychotherapy (trauma-informed, multicultural, harm-reduction, CBT, DBT, ACT, psychodynamic/relational, MI, mindfulness-based, somatic), assessment, treatment planning, discharge planning, crisis intervention, group facilitation, multi-disciplinary collaboration, strong interpersonal skills

*Documentation systems*: APEX/EPIC, AVATAR, ARIES, EMR

*Certifications*: Opioid Rescue Certificate, 2023, CDC; [Foundations of Motivational Interviewing-Intensive](https://ope.socialwork.columbia.edu/content/motivational-interviewing-training-program), 2021, Columbia School of Social Work; [Healing Centered Engagement Practitioner](https://flourishagenda.com/healing-centered-engagement-certification/) (serving BIPOC Youth), 2021, Flourish Agenda; [Psychological First Aid (PFA),](https://www.jhsph.edu/research/centers-and-institutes/johns-hopkins-center-for-public-health-preparedness/training/PFA.html) 2021, John Hopkins University; CPR, 2020, American Heart Association.

*Languages*: Russian (native proficiency), Spanish (intermediate proficiency)

**OTHER EXPERIENCE**

Research Intern, American Civil Liberties Union, National Office, NYC, NY, 2022

Volunteer, International Rescue Committee, Oakland, CA, 2022

Guest Research Scholar, UCSF Sexual and Gender Minority Health Equity Lab, SF CA, 2019-21

Guest Research Scholar, The PRIDE Study, Stanford, CA, 2019-2021

Peer Group Facilitator for Long-Term HIV-Survivors, UCSF Alliance Health Project, SF CA, 2019-21

Volunteer Counselor, National LGBT Help Center, SF CA, 2018-21

Tenured Violinist, San Francisco Symphony, SF CA, 2014-18

Tenured Violinist, Utah Symphony, Salt Lake City, UT, 2013-14

Tenured Associate Concertmaster, Charlotte Symphony, Charlotte, NC, 2009-2013